

STOCKINETTE AND RIB KNIT COWL



You can make this cowl with standard knitting needles or with a circular needle. If you use standard needles, you will have to sew a seam to join the sides.

Standard needles: Cast on in a multiple of 4 and add 2 to allow for seam when finished. Leave a long tail to stitch together.

Ribbed bottom and top:

Row 1: Knit 2, Purl 2. On the last two stitches, Knit 2. Turn.

Row 2: Purl 2, Knit 2. On the last two stitches, Purl 2. Turn.

Repeat rows 1 and 2 until you reach the desired height for the ribbed bottoms and tops. Usually that will be a total of 6 or 8 rows.

Body of cowl:

Row 1: Knit to end of row. Turn

Row 2: Purl to end of row. Turn.

Repeat rows 1 and 2 until you reach the desired height to change over to the ribbed knit. Be sure that you end on a Row 2.

Follow the directions above for the ribbed section. Make sure you use the same number of rows as you did on the bottom. Cast off in pattern. The easiest way to stitch together is to use a crochet hook and chain stitch the sides together. Each row started and ended with the same type of stitch, so stitch between the first and second stitches and the second to last and last stitch to join the pattern so it looks seamless. Weave in ends.

Circular needles: Cast on in a multiple of 4 and add 1 to join. To join, with tail and working yarn on needle in right hand, slip needle in to stitch on left needle purl wise. Slide stitch over to right needle. With left needle, enter 2nd stitch on the needle purl wise and lift over the first stitch you passed over onto the right needle and off the needle. If properly joined, you will have only the multiple of 4 stitches you cast on left on the needles. Place a marker.

Ribbed top and bottom: Knit 2, Purl 2 until you reach the desired height. Usually that will be a total of 6 or 8 rows.

Body of cowl: Knit until you reach the desired height to change over to ribbed knit.

Follow the directions above for the ribbed section. Cast off in pattern. There will be a bit of a height difference and you can either use the tail to pull that together or you can with the last stitch left on the needle, insert it into the first knit stitch in the pattern, pull a loop through, and cast that stitch off and tie it off. Weave in ends.