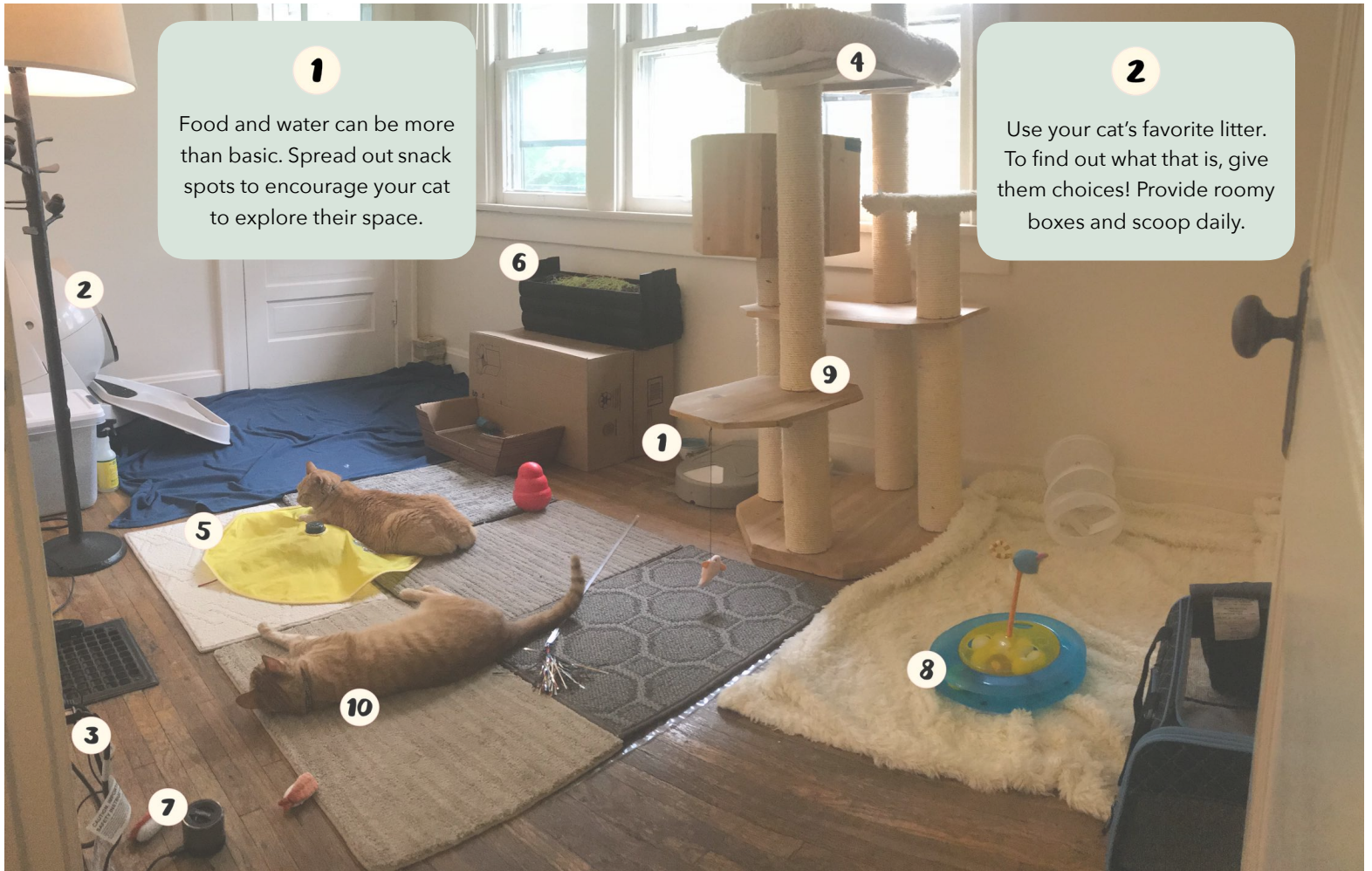


**1**  
Food and water can be more than basic. Spread out snack spots to encourage your cat to explore their space.

**2**  
Use your cat's favorite litter. To find out what that is, give them choices! Provide roomy boxes and scoop daily.



**3**  
Pheromones speak cat, to say 'calm.' [Feliway Multicat](#) in a plug-in diffuser is a great option, even for a solo kitty.

**4**  
Offer a variety of cozy resting areas. Add elevated options to boost confidence with a greater sense of security.

**5**  
Provide toys for solo, interactive, and automated play. Take an active role and join the fun in sanctuary!

**6**  
Enrich the space with senses in mind. Bird feeders give sight and sound. Cat grass gives smell and taste.

**7**  
Mini-speakers support through sound. Special music for cats can entertain or calm, even dulling scary noises.

**8**  
Provide [food puzzles](#) that range in difficulty. Easy toys give instant gratification, challenge fights boredom.

**9**  
Offer a scratching buffet. Vertical, horizontal, slanted, sisal, cardboard, carpet, the more the merrier.

**10**  
A comfy cat is a must! The goal is a sanctuary, not a prison. If your cat is not happy, reassess the space.