

Natural Stress Relief

What is D.A.P.?

- Natural:
DAP® is a synthetic copy of the natural canine appeasing pheromone proven to help support dogs in a range of stressful situations.
- Safe:
DAP® is canine specific, odorless, non-sedative, and non-systemic and can be used alongside all other types of medication.
- Proven:
The efficacy of DAP® has been demonstrated in 18 studies published in scientific journals and at veterinary conferences around the world.
 - For puppies - DAP® is shown to help puppies settle in a new home and to have significant positive effects on puppy socialization. Fitting a DAP® collar to puppies from 6-16 weeks helps puppies develop into confident, well-behaved adult dogs and significantly reduces the likelihood of anxiety-related conditions developing in later life.
 - For adult dogs - DAP® has also been shown to help dogs cope in kennels, during rehoming and in a range of other stressful situations such as during firework exposure and car travel.
- Trusted
DAP® has been used by behaviorists, veterinary experts and welfare charities for the last 10 years
- DAP® is available in three easy to use formulations and can be used in the following situations:
 - Help promote learning during training and socialization
 - Help puppies or adult dogs settle in new homes
 - Help dogs to cope with challenging situations such as:
 - Staying in kennels

- Staying home alone
- Fireworks
- Visiting the vet
- Travelling
- Christmas
- New Baby

For more information visit: <http://www.dapdiffuser.com/info.html>

Melatonin

- Always be sure to discuss use of Melatonin with your vet before using
- Melatonin has shown to reduce stress/anxiety
 - Please note that every dog is different and reactions can vary
- Administer Melatonin 20-30 minutes before stressful event

ThunderShirt

- How it works
 - ThunderShirt uses gentle hugging to calm your dog or cat. With its patented design, ThunderShirt's gentle, constant pressure has a dramatic calming effect for most dogs and cats if they are anxious, fearful or overexcited. Experts believe that pressure has a calming effect on the nervous system, possibly by releasing a calming hormone like endorphins. Using pressure to relieve anxiety in people and animals has been a common practice for years. Below are several examples.
 - Swaddling newborn infants
 - People with Autism use pressure to relieve anxieties
 - TTOUCH Trainers use pressure to address a wide variety of animal anxieties

For more information please visit: <http://www.thundershirt.com/>

Young Living Essential Oils

- Is known for easing stress and giving a sense of relaxation

- It is gentle enough to use on dogs, horses, and cats
- Can be used in essential oil diffusers or could be placed on any worn item on the dog or even placed on palm then on fur
- Can be easily diluted
- Please consult with your vet before use

For more information please visit:

https://www.youngliving.com/en_US

Rescue Remedy Pet

- Rescue Remedy Pet is a combination of 5 Bach Flower Remedies to help your pet deal with stressful situations such as: going to the vet, the groomer, thunderstorms and during fireworks.
- http://www.directlyfromnature.com/Rescue_Remedy_Pet_10ml_Alcohol_Free_p/rr-pet10.htm

Through a Dog's Ear

- Music has been clinically tested to calm dogs and in many cases reduce anxiety.
- Can be used when your dog must be left alone, or when excitement/anxiety is anticipated (thunderstorms, arrival of guests, fireworks and etc.)
- Fun Fact: Many animal shelters use music therapy to relax shelter animals (both cats and dogs)
- Through a Dog's Ear can reduce anxieties dealing with: Fear, Barking, Separation, Aggression, Fireworks, Thunder, Hyperactivity, Loud Noises, Crate time, and Sound Phobias.
 - Please note that if you're seeing severe behavior problems be sure to contact a professional

For more information please visit: <http://throughadogsear.com/>

Please note that the above methods are ways to reduce some anxieties/stress and will not work for every case. If you are seeing severe behavioral problems please contact a professional for help.